

**INTERNATIONAL YOGA DAY**  
**21 JUNE, 2026**

**1(TELANGANA) GIRLS BATTALION**  
**SECUNDERABAD GROUP, AP & T DIRECTORATE**

**VEERANARI CHAKALI ILLAMA**  
**WOMEN'S UNIVERSITY**  
**KOTI, HYDERABAD, TELANGANA.**

**International Yoga Day Celebrated at Veeranari Chakali Iamma Women's University, Koti, Hyderabad**  
**21st June 2026**

**Veeranari Chakali Iamma Women's University, Koti, Hyderabad, in association with 1(Telangana) Girls Battalion NCC, celebrated International Yoga Day 2026 with great enthusiasm and discipline at the historic Darbar Hall of VCIWU.**

**Total No. of Institutions : 28**

**Total no. of Cadets : 1439**

**Total no. of PI Staff. : 14**

**Total no. of ANO/CTO : 25**

**The program was conducted in the serene and heritage ambience of Darbar Hall, which added a unique and peaceful spirit to the celebrations.**



**The event was graced by distinguished guests Prof. Surya Dhananjay, Hon'ble Vice Chancellor of VCIWU, Lt. Col. Sangeeta Kumari, Commanding Officer of 1(T) Girls Battalion NCC, and Chief Guest Yogacharya Shri Brij Bhushan Purohit, a renowned yoga expert.**

**The event was supported by 25 Associate NCC Officers & Caretaker Officers and 28 Permanent Instructional Staff who ensured its successful conduct.**



## Highlights from the Program:

The celebration opened with a message on yoga as India's ancient gift to the world, uniting body, mind, and spirit. Yogacharya Shri Brij Bhushan Purohit was felicitated for his lifelong dedication to promoting yoga and holistic wellness.



**In her address, Vice Chancellor Prof. Surya Dhananjay emphasized yoga's role a healthy mind, disciplined lifestyle, and positive outlook. Commanding Officer Lt. Col. Sangeeta Kumari highlighted how yoga's principles of balance, self-control, and resilience align with NCC's core values of unity and character building.**

**Lt. V. Deepika Rao, ANO, VCI Women's University, also addressed the cadets, inspiring them to integrate yoga into daily life for physical fitness and mental strength.**

**The cadets actively participated in yoga demonstrations led by Yogacharya Brij Bhushan Purohit, learning various asanas and their benefits.**

**The program concluded with a collective pledge by cadets to adopt yoga as a way of life, promoting health, harmony, and inner peace.**

**Thank you**